



Physics- and hardware-aware frequency pair selection for deployment-ready nonlinear Lamb wave mixing

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Received: 28 December 2025 – Revised: 8 February 2026 – Accepted: 9 February 2026 – Published: 3 March 2026

Abstract. Nonlinear Lamb wave mixing can reveal early micro-cracks through intermodulation products at $f_{\pm} = f_a \pm f_b$, yet its deployment is often hindered by the lack of a pre-acquisition rule for selecting tone pairs that are simultaneously phase-coherent and measurable on a given instrument chain. We propose a physics- and hardware-aware ranking score, $J(f_a, f_b)$, that integrates (i) normalised phase mismatch $|\Delta k|/k_{m_t}$ and the implied interaction length L_{int} , (ii) a path length term $L_{\text{path}}/L_{\text{int}}$, (iii) measured receive-chain sensitivity $G_{\text{rx}}(f_{\pm})/G_0$, and (iv) a dynamic-range penalty that accounts for two-tone leakage and front-end limits. Embedded in a three-step workflow (dispersion pre-filtering, hardware screening, and top- K ranking), the score shortlists excitation pairs prior to spectral phase inversion (SPI-4) same-spectrum readout. Experiments on an aluminium plate with controlled crack growth (0–12 mm) show that low- J pairs consistently deliver higher mixed-line SNR(f_{\pm}), concentrate in the low-mismatch basin, and cross a conservative detection threshold after only a few millimetres of extension, whereas higher- J pairs remain near the noise floor. The results demonstrate a transparent and reproducible route from physics and instrument constraints to deployment-ready frequency pair selection for baseline-free nonlinear guided-wave inspection.

1 Introduction

1.1 Background and motivation

Structural health monitoring (SHM) based on guided ultrasonic waves has become a powerful tool for detecting incipient damage in plate-like structures across aerospace, civil, and mechanical engineering applications (Mardanshahi et al., 2025; Ghodousi and Lissenden, 2025; Shen et al., 2025). Conventional *linear* ultrasonic methods, which rely on wave scattering and mode conversion, are effective for locating and sizing relatively large defects, but they often lack the sensitivity required to detect early-stage micro-damage such as fatigue cracks, diffuse material degradation, and interfacial debonding.

Nonlinear ultrasonic techniques offer a promising route to higher sensitivity by exploiting the nonlinear interaction between guided waves and damage. Among these, frequency-mixing methods – in which two primary waves at the frequencies f_a and f_b generate intermodulation components at $f_{\pm} = f_a \pm f_b$ – have attracted particular interest because of their enhanced sensitivity to contact-type nonlinearities and microstructural evolution (Liang et al., 2025; Pan et al., 2025). Nevertheless, the practical deployment of nonlinear mixing techniques is still hindered by a critical bottleneck: the lack of a systematic, physics-informed criterion for selecting excitation frequency pairs that maximise detectability under real hardware constraints (Luo et al., 2026).

1.2 Problem setting

In many laboratory demonstrations, the two excitation frequencies are tuned manually along a single source–receiver ($S \rightarrow R$) path until a clear mixed line appears in the spectrum. While this trial-and-error strategy can work for proof-of-concept studies, it is slow, not readily reproducible, and tightly coupled to one specific layout. In practical structures there are multiple interrogation paths, each with different lengths, boundary proximities, and transducer bandwidths. A tone pair that is perfectly phase-matched on the dispersion diagram may still be undetectable in practice because the piezoelectric transducer or front-end has a notch at f_+ or because the two primaries already consume most of the analogue-to-digital converter (ADC) headroom.

What is currently missing is a principled way to move from the large set of *all* candidate frequency pairs (f_a, f_b) on a predefined grid to a small subset – typically three to six pairs per path – that are simultaneously (i) physically coherent for nonlinear mixing, (ii) receivable with adequate gain and noise performance, and (iii) safe for the hardware in terms of dynamic range, all *before* performing spectral phase inversion (SPI-4) or any other leakage-suppressed readout.

1.3 Existing work and research trends

Recent literature on nonlinear guided waves shows very active development along four closely related directions:

- i. *Phase-matching-driven nonlinear mixing.* A series of papers over the last 5–6 years has emphasised that cumulative nonlinear guided-wave mixing is achieved only when the phase mismatch $\Delta k = k_{m_a}(f_a) + k_{m_b}(f_b) - k_{m_t}(f_{\pm}) \approx 0$ so that the effective interaction length is $L_{\text{int}} \simeq \pi/|\Delta k|$. This requirement has been analysed and demonstrated for both collinear and non-collinear Lamb waves, including Zhu’s low-frequency S_0 – S_0 mixing for fatigue damage in plates (Zhu et al., 2022), Pineda Allen’s non-collinear mixing tests (Pineda Allen and Ng, 2023), and several recent feasibility studies on phase-matched Lamb wave mixing (Yin et al., 2020; Park et al., 2021; Ishii et al., 2025).
- ii. *Experimental damage detection by mixing.* Multiple groups have shown experimentally that the sum frequency component is highly sensitive to contact-type and breathing-type defects, including fatigue cracks, corroded or loosened joints, and welded details (Zhang et al., 2024; Hu et al., 2025). Demonstrations now cover welded joints, turnout rails, complex plate assemblies, and even non-contact laser-based configurations. However, most of these studies still rely on empirically chosen or sparsely scanned frequency pairs (Aslam and Lee, 2024; Xu et al., 2024; Gao et al., 2012; Wu et al., 2025; Wu and Yin, 2023), and so the selection step remains largely ad hoc. Notably, the dominant nonlin-

ear mechanisms vary across defect classes (e.g. crack–face contact, interfacial friction, or distributed corrosion), which influences the absolute mixed-component amplitude. Nevertheless, the pre-acquisition bottleneck addressed here – identifying tone pairs that are simultaneously phase-coherent and measurable under the actual channel bandwidth and headroom – is shared across defect types.

- iii. *Dispersion- and/or physics-informed selection.* To make frequency selection more systematic, several works now exploit dispersion curves and Δk maps to pre-filter “promising” regions on the (f_a, f_b) plane or to select specific mode triplets tailored to a given defect type. Jiao et al. (2023) used a nonlinear Lamb wave mixing scheme to measure residual stress, explicitly deriving the resonant conditions (Jiao et al., 2023); Jiang et al. (2025) and Sun et al. (2023) carried out systematic investigations of frequency-mixing and phase-matching effects for different guided modes (Jiang et al., 2025; Sun et al., 2023). These studies significantly reduce blind tuning, but they still stop short of incorporating the actual receive-chain behaviour – for example, frequency-dependent gain and dynamic-range limitations – into the selection rule (Li et al., 2018a, b).
- iv. *Baseline-free and instrument-aware SHM.* On the SHM side, there is a clear trend towards baseline-free nonlinear guided-wave detection that tolerates temperature and coupling variations (Giannakeas et al., 2023; Niu et al., 2023). A key motivation is that environmental drift can simultaneously shift the dispersion relation (hence $k(f, T)$ and phase coherence) and alter the effective receive-chain transfer function through coupling and electronic changes so that both the physics terms and the hardware terms relevant to detectability evolve over time. Accordingly, recent SHM practice increasingly couples nonlinear metrics with leakage suppression strategies (phase reversal, pulse inversion, SPI-type cycling), explicit headroom management at the transducer and/or ADC, and lightweight in situ updates (e.g. temperature-indexed dispersion tables and opportunistic re-calibration of $G_{\text{rx}}(f)$). Very recent works on baseline-free progressive fatigue detection, online nonlinear frameworks, and comprehensive guided-wave inspection reviews all reinforce this “physics–system” perspective (Liang et al., 2025; Pan et al., 2025; Luo et al., 2026; Abuassal et al., 2025; Cawley, 2024). However, they do not yet provide a single, path-wise score that simultaneously accounts for phase matching, receive gain, and dynamic-range headroom – which is precisely the gap targeted in this paper.

Despite this progress, two important gaps remain. First, most existing selection rules are *dispersion-only*: they identify which (f_a, f_b) pairs satisfy $\Delta k \approx 0$, but they do not indi-

cate whether the piezoelectric transducer (PZT)/data acquisition (DAQ) chain can actually pass f_+ with adequate signal-to-noise ratio (SNR) or whether the two primaries will overdrive the front-end. Second, almost all demonstrations are *path-specific*: parameters tuned for one $S1 \rightarrow S3$ path on a $0.8\text{ m} \times 0.5\text{ m}$ plate do not immediately transfer to an orthogonal $S2 \rightarrow S4$ path or to a slightly longer path in a different coupon. Bridging these two gaps – by unifying phase-matching physics with measured, channel-aware terms in a single ranking functional – is the specific niche of the present work.

1.4 Contributions of this work

Building on the phase mismatch, receive sensitivity, and dynamic-range analysis developed in the remainder of the paper, we make four main contributions:

- i. We introduce a unified, interpretable scoring function $J(f_a, f_b)$ that combines (a) a dispersion-derived mismatch term $|\Delta k|/k_{m_t}$, (b) a path-to-path coherence term $L_{\text{path}}/L_{\text{int}}$, (c) the measured receive gain $G_{\text{rx}}(f_+)$, and (d) a dynamic-range penalty that quantifies the cost of two-tone excitation. All required quantities are either computable from the chosen mode triplet or directly measurable on the intended hardware.
- ii. We propose a three-step, channel-aware selection workflow (physics pre-filter \rightarrow short sweep to obtain $G_{\text{rx}}(f_+)$ and a dynamic-range metric in the spirit of Li et al. (2018a) \rightarrow Top- K ranking) that can be executed independently on each $S \rightarrow R$ path before SPI-4 acquisition, making the procedure reproducible and baseline-free.
- iii. We provide experimental validation on a plate-like structure ($1000\text{ mm} \times 900\text{ mm} \times 1.6\text{ mm}$, four PZTs, crack grown in steps), showing that low- J tone pairs indeed cluster inside the low-mismatch basin of the (f_a, f_b) map and deliver consistently higher mixed-line SNR values than medium- and/or high- J pairs.
- iv. We conduct a deployment-oriented analysis (Sect. 4) that links detection probability to shortlist size and demonstrates that the same rule works, with only moderate performance degradation, across multiple interrogation paths.

1.5 Paper organisation

Section 2 formalises the physics-guided selection; derives the expressions for Δk , L_{int} , G_{rx} , and the dynamic-range penalty; and defines the composite score $J(f_a, f_b)$. Section 3 documents the specimen, the transducer layout, the crack growth plan, and the physics- and hardware-guided screening that generate the (f_a, f_b) maps. Section 4 presents the experimental results from a deployment viewpoint, including the

global correlation between J and detectability, detection reliability versus shortlist size, crack growth sensitivity and repeatability, and path-to-path robustness. Section 5 concludes the paper and outlines extensions towards temperature-robust and imaging-integrated implementations.

2 Methods: physics- and hardware-aware frequency pair selection

Nonlinear Lamb wave mixing reveals early micro-cracks through intermodulation components at $f_{\pm} = f_a \pm f_b$. In practice, however, a “good” excitation pair (f_a, f_b) must satisfy two conditions simultaneously: (i) it must be dispersion-coherent to enable second-order accumulation along the propagation path, and (ii) the resulting mixed line must be measurable on the intended transducer–front-end–ADC chain under the planned analogue settings. This section establishes a pre-acquisition selection rule that ranks candidate pairs using quantities that are either computable from dispersion or directly measurable on the hardware, culminating in a dimensionless score $J(f_a, f_b)$ for fast top- K shortlisting.

2.1 Scope, assumptions, and notation

We consider two narrow-band tone bursts at frequencies of f_a and f_b that predominantly excite the guided-wave modes m_a and m_b in a plate. Quadratic nonlinearity generates components at $f_{\pm} = f_a \pm f_b$, received in a target mode m_t . The mode-dependent wavenumber is denoted as $k_m(f)$ and is obtained from the plate dispersion relation (tabulated or numerically extracted and interpolated). For a given source–receiver path, the propagation distance is L_{path} . The effective receive chain sensitivity at frequency f (transducer bandwidth, coupling, analogue front end, and digitiser settings) is $G_{\text{rx}}(f)$. A dynamic-range penalty $\text{DR}_{\text{pen}}(f_a, f_b)$ captures near-saturation risk under two-tone excitation.

During selection, specimen-specific nonlinearity (micro-contact state, local quadratic coefficient, etc.) is treated as an unknown multiplicative factor. Accordingly, the criterion is designed to preserve the ordering induced by the known and/or observable factors rather than to predict an absolute mixed-line amplitude.

2.2 Dispersion-coherent mixing: phase mismatch and coherence-limited accumulation

For a mode triplet $(m_a, m_b \rightarrow m_t)$, the phase mismatch is

$$\Delta k(f_a, f_b) = k_{m_a}(f_a) + k_{m_b}(f_b) - k_{m_t}(f_{\pm}),$$

$$f_{\pm} = f_a \pm f_b. \quad (1)$$

2.2.1 Why Δk limits growth (compact “sinc law” derivation)

Under weak quadratic nonlinearity and narrow-band excitation, the mixed component accumulated over the direct-path

segment can be interpreted as a coherent summation of locally generated contributions with phase factor $\exp(j\Delta kx)$. Let L_{eff} denote the effective accumulation distance (for gated records, L_{eff} is bounded by the gate that excludes strong reflections; in our experiments the gate is placed before the first back wall reflection so that $L_{\text{eff}} \approx L_{\text{path}}$). The complex mixed-line amplitude obeys the scaling

$$\begin{aligned} A_{\pm}^{\text{phys}}(L_{\text{eff}}) &\propto \int_0^{L_{\text{eff}}} \exp(j\Delta kx) dx \\ &= L_{\text{eff}} \text{sinc}\left(\frac{\Delta k L_{\text{eff}}}{2}\right) \exp\left(j\frac{\Delta k L_{\text{eff}}}{2}\right) \Gamma, \end{aligned} \quad (2)$$

where Γ collects unknown but slowly varying multiplicative factors (material nonlinearity level, micro-contact conditions, coupling variability, etc.). Equation (2) formalises the key point: when $|\Delta k|$ is small, the mixed component accumulates quasi-coherently with distance; when $|\Delta k|$ grows, phase walk-off causes partial cancellation, and the net build-up saturates.

2.2.2 A scale-free mismatch metric

To compare candidates across frequency and mode combinations, we use the dimensionless normalised mismatch ratio

$$r_{\Delta k}(f_a, f_b) = \frac{|\Delta k(f_a, f_b)|}{k_{m_i}(f_{\pm})}, \quad f_{\pm} = f_a \pm f_b, \quad (3)$$

which is invariant in relation to uniform wavenumber scaling and provides a compact “distance-to-phase-matching” measure suitable for gridded maps in the (f_a, f_b) plane.

2.2.3 Effective interaction length

A convenient coherence length associated with phase walk-off is

$$L_{\text{int}}(f_a, f_b) = \frac{\pi}{|\Delta k(f_a, f_b)|}. \quad (4)$$

Pairs with small $|\Delta k|$ (equivalently small $r_{\Delta k}$) yield long L_{int} and therefore a higher ceiling for coherent accumulation over a fixed L_{eff} , as implied by Eq. (2). In practice, low- $r_{\Delta k}$ corridors in (f_a, f_b) serve as a physics-guided pre-filter before any hardware measurements are performed.

2.3 Channel constraints: receive sensitivity and dynamic-range headroom

Phase coherence is necessary but not sufficient: the mixed line must also fall into a frequency region that is receivable and measurable under the intended analogue settings.

2.3.1 Receive sensitivity as a multiplicative measurability factor

The measured spectral amplitude near f_{\pm} is approximately

$$A_{\pm}^{\text{meas}} \approx G_{\text{rx}}(f_{\pm}) A_{\pm}^{\text{phys}}, \quad (5)$$

where $G_{\text{rx}}(f)$ captures the combined transfer behaviour of transducer bandwidth, coupling, and analogue front-end response. A short calibration sweep (or narrow-band estimate) under the same analogue gain and digitiser range planned for the nonlinear test provides $G_{\text{rx}}(f)$ over the relevant band. Normalising by a reference level of G_0 yields $G_{\text{rx}}(f_{\pm})/G_0$, penalising receive notches and band edge operation while keeping the term dimensionless.

2.3.2 Dynamic range as a soft feasibility constraint

Two-tone excitation can saturate the front end or cause fundamental leakage to dominate the ADC, masking the mixed line. Let A_{FS} be the usable full-scale amplitude under the selected gain or range, and let A_{f_a} and A_{f_b} be the leakage amplitudes of the primaries under identical settings. With a safety margin of $\rho \in (0, 1)$, we define a soft penalty as follows:

$$\text{DR}_{\text{pen}}(f_a, f_b) = \max\left(0, \frac{\max\{A_{f_a}, A_{f_b}\}}{A_{\text{FS}}} - \rho\right). \quad (6)$$

Using a soft penalty (rather than hard rejection) improves robustness in relation to small calibration drift and coupling variability while still discouraging unsafe operating points.

2.3.3 Temperature variability and operational updates

In SHM deployments, temperature variability affects both (i) the dispersion relation and therefore the phase mismatch term Δk and (ii) the effective receive chain sensitivity $G_{\text{rx}}(f)$ through coupling changes and electronics drift. The proposed selection workflow accommodates these effects through two updateable inputs. First, the channel-dependent terms $G_{\text{rx}}(f_{\pm})$ and the headroom penalty DR_{pen} are estimated using a short calibration sweep (or a narrow-band estimate) executed under the same gain and digitiser full-scale settings as the formal acquisition; repeating this sweep provides an in situ refresh of the hardware terms without relying on a baseline waveform. Second, temperature-dependent dispersion can be incorporated by evaluating $k(f, T)$ using temperature-indexed look-up tables or elastic constants updated by a measured T so that $\Delta k(f_a, f_b, T)$ and $L_{\text{int}}(T)$ remain consistent with the current environment.

2.4 From a measurable proxy to a composite ranking score

Equation (2) implies that, up to the unknown factor Γ , the detectability ordering of candidate pairs is governed by (i)

mismatch severity, (ii) whether the available coherence can be exploited by the given path length, (iii) receive sensitivity at f_{\pm} , and (iv) dynamic-range headroom. We therefore define a composite, dimensionless score as follows:

$$J(f_a, f_b) = w_1 r_{\Delta k}(f_a, f_b) + w_2 \phi\left(\frac{L_{\text{eff}}}{L_{\text{int}}(f_a, f_b)}\right) + w_3 \left(\frac{G_{\text{rx}}(f_{\pm})}{G_0}\right)^{-1} + w_4 \text{DR}_{\text{pen}}(f_a, f_b),$$

$$f_{\pm} = f_a \pm f_b. \quad (7)$$

Here, $\phi(\cdot)$ is a bounded, monotone increasing function that penalises path and/or coherence mismatch without numerical blow-up. In this study we use $\phi(x) = x/(1+x)$ (equivalently $1/(1+1/x)$) so that $\phi \rightarrow 0$ when $L_{\text{eff}} \ll L_{\text{int}}$ (coherence is not yet a limiting factor) and $\phi \rightarrow 1$ when $L_{\text{eff}} \gg L_{\text{int}}$ (cancellation dominates).

2.4.1 Interpretation and properties

The score J is (i) dimensionless, (ii) monotone in each “undesirable” direction (larger mismatch, poorer receive sensitivity, smaller headroom), and (iii) computable prior to SPI-4 acquisition. Lower J indicates a higher probability of observing a mixed line at f_{\pm} under the planned hardware settings. Unless otherwise stated, we use $w_i = 1$ as a robust default; when labelled outcomes are available, $\{w_i\}$ can be tuned using regularised logistic regression with cross-validation while retaining the structure of Eq. (7) to preserve physical interpretability.

2.4.2 Dependence on defect class

The score $J(f_a, f_b)$ is formulated as a *detectability* proxy: it ranks candidate pairs by phase coherence and by the measurability of f_{\pm} under the intended receive chain and headroom constraints. These ingredients are governed primarily by dispersion, path geometry, and instrumentation and therefore do not assume a specific defect mechanism. Different defect classes may, however, exhibit different nonlinear source strengths and frequency dependence; when a defect-specific prior is available, it can be incorporated by adjusting the weights ω_i and/or by restricting the mode triplet to those known to be sensitive to that mechanism while preserving the structure of J .

2.4.3 Weight setting and practical tuning

Unless stated otherwise, we use uniform weights $\omega_i = 1$ as a robust default. Scenario-specific tuning is possible when a small labelled set is available (e.g. detectable vs. non-detectable at f_{\pm}); we use regularised logistic regression with cross-validation to mitigate overfitting but do not assume a universal optimal weight vector across thicknesses, defect classes, or layouts.

2.5 Fast three-step workflow (top K) and compatibility

The pre-acquisition selection is implemented as follows:

1. *Physics pre-filter.* Compute $r_{\Delta k}$ using Eq. (3) over the (f_a, f_b) grid and retain candidates in a low-mismatch corridor while enforcing that f_{\pm} lies inside the usable receive band. A practical default is $r_{\Delta k} \leq \tau_1$ with $\tau_1 \in [0.05, 0.10]$ (reported explicitly for traceability).
2. *Hardware screening.* Measure $G_{\text{rx}}(f)$ once over the relevant band and evaluate DR_{pen} using Eq. (6) under the planned analogue settings; reject candidates in receive notches or with unsafe headroom (large DR_{pen}).
3. *Ranking.* Evaluate J using Eq. (7) for the surviving set, sort ascending, and retain the top- K pairs (typically $K = 3\text{--}6$) for formal SPI-4 (or other) acquisition.

The score J acts upstream of demodulation and is therefore compatible with SPI-4 phase cycling, coherent averaging, or imaging and/or beam-forming. Operationally, J reduces trial and error by concentrating acquisition on tone pairs that are simultaneously dispersion-coherent and channel-admissible.

3 Experiments

3.1 Specimen, transducer layout, crack states, and acquisition chain

Experiments were conducted on a rolled aluminium plate with in-plane dimensions of $L_x \times L_y = 1000 \text{ mm} \times 900 \text{ mm}$ and a thickness of $h = 1.6 \text{ mm}$. A right-handed Cartesian frame (x, y) was adopted with the origin at the lower-left corner of the plate, x along the long edge, and y along the short edge. All sensor coordinates, path lengths, and crack tip locations reported in this section are referenced to this global frame. Figure 1 shows the benchtop experimental setup.

Four surface-bonded PZT wafers (S1–S4) were adhesively mounted on one surface of the plate. Each PZT could act as an actuator or receiver depending on the selected source–receiver configuration. In the global coordinate frame, the four PZTs were positioned at S1: (150, 450) mm, S3: (550, 450) mm, S2: (350, 250) mm, and S4: (350, 650) mm. These locations define an interrogation region that contains all source–receiver (S \rightarrow R) paths considered here and the crack ligament to be monitored.

The primary interrogation path P1 (S1 \rightarrow S3) crosses the crack ligament and is used for the nonlinear analyses reported in Sect. 3.2 and 3.3. Additional paths (P2–P4) serve as an orthogonal control path, an off-axis dynamic-range and/or noise-reference path, and a symmetry and/or repeatability path, respectively. The transmitter–receiver pairs, coordinates, nominal path lengths, and qualitative crack crossings are summarised in Table 1.

Table 1. Transducer layout and interrogation paths on the plate. Coordinates are given in the global frame with the origin at the lower-left corner.

Path	Tx–Rx	Tx coord [mm]	Rx coord [mm]	Role in study	L_{path} [mm]
P1	S1 → S3	(150, 450)	(550, 450)	Primary interrogation path across crack	400
P2	S2 → S4	(350, 250)	(350, 650)	Orthogonal control path	400
P3	S1 → S2	(150, 450)	(350, 250)	Off-axis DR/noise reference (no crack crossing)	≈ 283
P4	S3 → S4	(550, 450)	(350, 650)	Symmetry/repeatability path (near crack tip)	≈ 283

Table 2. Crack growth states (C0–C6) and nominal crack length.

Crack state ID	Crack length a [mm]	Crack tip coord (x, y) [mm]	Remaining ligament [mm]	Detection status (top- K pair)
C0	0	(350, 450)	50	Below threshold (baseline noise)
C1	2	(352, 450)	48	Near threshold
C2	4	(354, 450)	46	Detected (\geq threshold)
C3	6	(356, 450)	44	Detected, stable SNR margin
C4	8	(358, 450)	42	Strong detection
C5	10	(360, 450)	40	Strong detection
C6	12	(362, 450)	38	Strong detection/sizing sensitivity

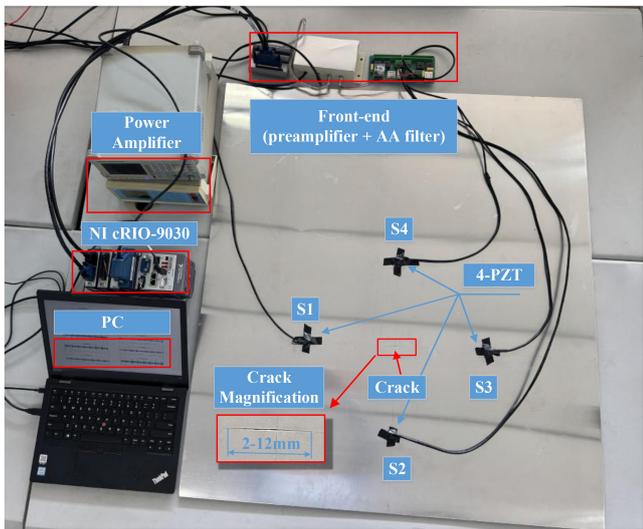


Figure 1. Photograph of the experimental setup and test plate with four surface-bonded PZTs (S1–S4).

A surface-breaking crack was introduced into the ligament between S1 and S3 and then grown incrementally under controlled loading, producing crack length states C0–C6. For each state, the crack length a , crack tip coordinates, and remaining ligament distance along P1 were measured. All acquisitions were conducted under approximately constant laboratory ambient conditions. For field monitoring, the same short calibration sweep used to estimate $G_{\text{rx}}(f_+)$ and DR_{pen} can be executed periodically to track hardware drift (includ-

ing temperature-related changes) under identical acquisition settings. The nominal sequence is reported in Table 2; these crack states form the crack length axis in the SPI-4 crack growth analysis of Sect. 3.3.

3.2 Physics- and hardware-guided frequency pair screening

All measurements used for the nonlinear analysis were acquired under fixed analogue gain, fixed gate timing, and an identical digitiser full-scale range. Two Hann-tapered narrow-band tones at f_a and f_b were digitally generated and uploaded to an NI cRIO-9030 (CompactRIO) system. The analogue-output module produced the summed two-tone waveform, which was then linearly amplified by a power amplifier and injected into the transmitting PZT. The received waveform was routed through a low-noise preamplifier and a front-end anti-alias filter and then was digitised by a cRIO analogue-input module at 5–10 MHz for storage and post-processing on the control PC. For each (f_a, f_b) pair and each crack state, at least $N = 16$ repeats were recorded under the same time gate placed before the first significant back wall reflection.

To document the linear guided-wave behaviour under the same mounting and instrument settings, Fig. 2 shows representative time domain records on path P1. Figure 2a displays a gated time response under narrow-band excitation, and Fig. 2b compares the measured response at 145 kHz with a dispersion-based prediction for the selected Lamb mode. These records confirm that the chosen paths, gate, and sam-

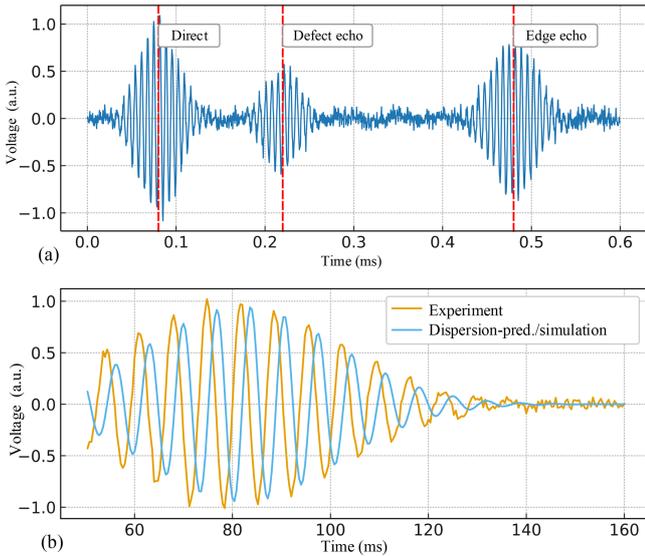


Figure 2. Linear guided-wave characterisation on path P1: time domain response and 145 kHz experiment–simulation comparison. (a) Gated time domain response on path P1 under narrow-band excitation. (b) The 145 kHz experiment–dispersion and/or simulation check.

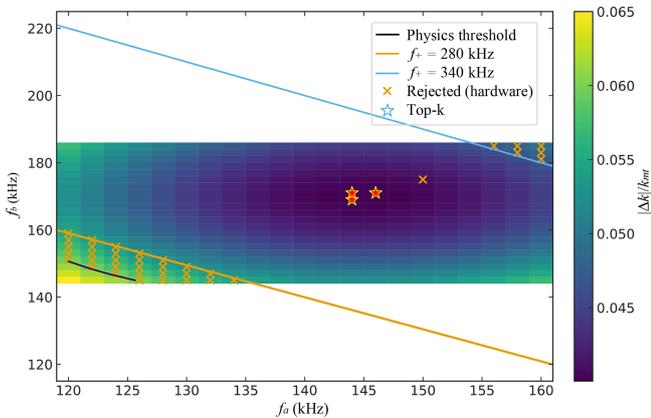


Figure 3. Frequency pair screening on path P1: phase mismatch map with receive-band constraint and top- K shortlist overlay.

pling settings provide clean and repeatable measurements suitable for the sum frequency analysis reported on later.

We next executed the pre-acquisition screening workflow introduced in Sect. 2.5 on path P1 using a dense grid of candidate excitation pairs (f_a, f_b) . The goal was to retain only pairs that are (i) physically favourable for coherent nonlinear mixing (low phase mismatch) and (ii) feasible on the implemented receive chain (sufficient sensitivity and dynamic-range headroom). The screening results underpin Figs. 3 and 4.

For screening we focus on the sum frequency component $f_+ = f_a + f_b$, which is received predominantly in a target mode m_t . Phase mismatch is quantified by $\Delta k(f_a, f_b)$ as de-

finied in Eq. (1), evaluated at f_+ , and the corresponding effective interaction length L_{int} is computed using Eq. (4).

Pairs with sufficiently small $r_{\Delta k}$ (and, hence, long L_{int}) and with f_+ inside the usable receive band were classed as physics-admissible. Among these, we then imposed hardware admissibility. A short calibration sweep around f_+ , using analogue settings identical to those of the nonlinear experiment, provided an estimate of the normalised receive chain sensitivity $G_{rx}(f_+)/G_0$. In parallel, the dynamic-range penalty $DR_{pen}(f_a, f_b)$ was evaluated using Eq. (6). Only candidates that avoided receive notches and near-saturation operating points were retained.

To prioritise viable candidates for acquisition, we evaluated the composite score $J(f_a, f_b)$ defined in Eq. (7) (default weights of $w_i = 1$) for each retained pair, with all terms being specialised according to the sum frequency component f_+ . A low J indicates a combination of favourable phase matching, long effective mixing length relative to the available path length, high receive sensitivity at f_+ , and sufficient dynamic-range headroom.

All candidates were ranked in ascending J , and the lowest- J subset defines the top- K shortlist carried forward into the SPI-4 crack-monitoring measurements. Figure 4a plots the J versus candidate index (sorted by J), with the Top- K region highlighted. Figure 4b shows the corresponding receive response $G_{rx}(f_+)/G_0$ and the dynamic-range penalty $DR_{pen}(f_a, f_b)$, illustrating that top- K pairs combine high receive responses with a low penalty. Figure 4c connects ranking to performance by plotting the estimated SNR(f_+) versus J .

3.3 SPI-4 phase cycling and nonlinear readout for crack monitoring

All nonlinear measurements used for crack growth analysis on P1 were acquired using an SPI-4 phase-cycling protocol combined with a single-shot same-spectrum readout. Four phase states were recorded by toggling the relative phase between the two drive tones at f_a and f_b and then were linearly combined to suppress deterministic leakage at f_a and f_b while coherently reinforcing the quadratic sum frequency component at $f_+ = f_a + f_b$. All four states were acquired under identical analogue gain, gating, and trigger conditions so that dynamic-range constraints were consistent across candidates.

For each SPI-4 combined record, a single fast Fourier transform (FFT) was computed, and the magnitudes at f_a , f_b , and f_+ were extracted. A local noise floor was estimated from a nearby band free of deterministic lines. The detectability metric was defined as

$$SNR(f_+) = 20 \log_{10} \left(\frac{A(f_+)}{A_{noise,rms}} \right), \tag{8}$$

where $A(f_+)$ is the amplitude at the sum frequency, and $A_{noise,rms}$ is the root-mean-square noise level in that band.

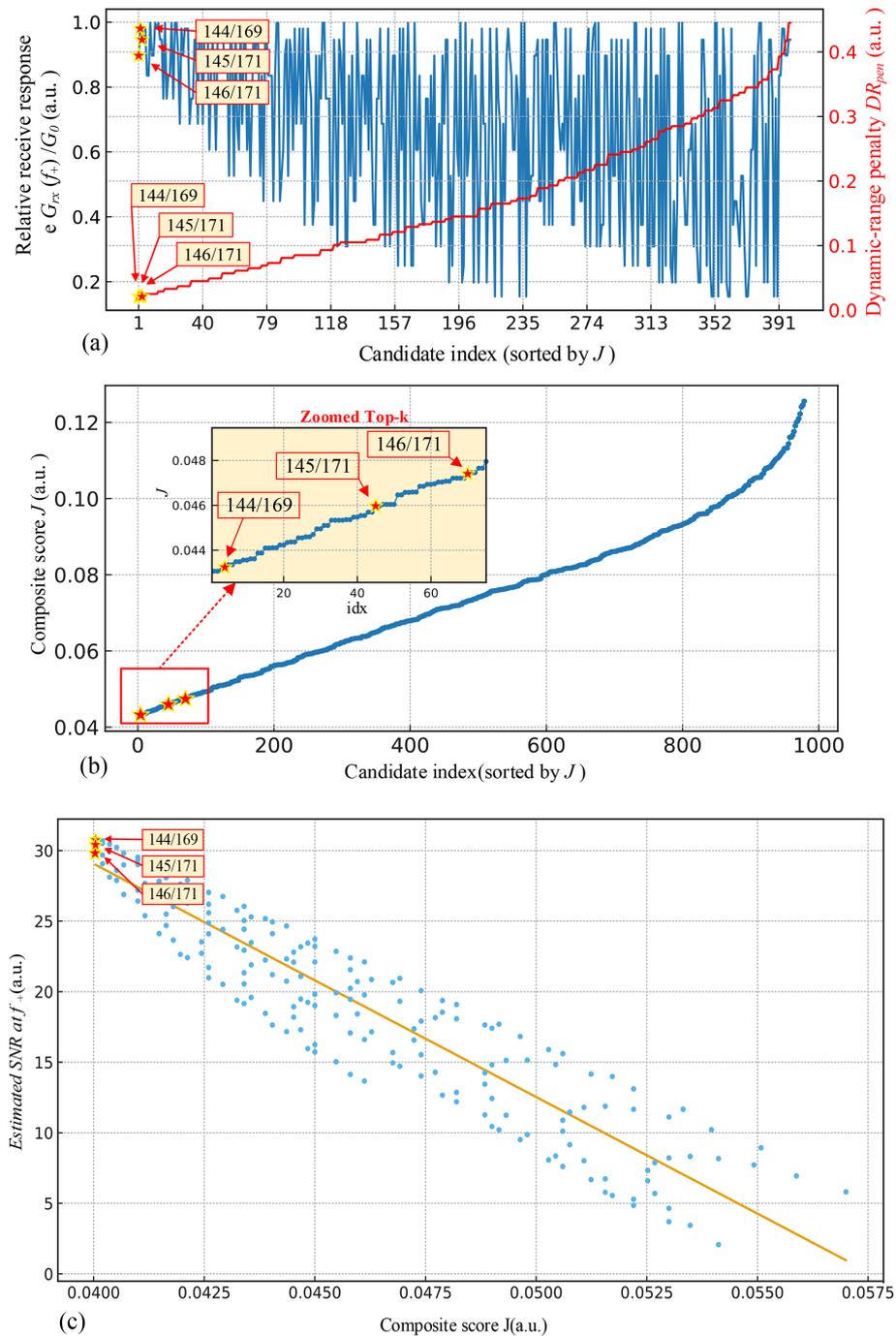


Figure 4. Ranking of physics- and hardware-admissible frequency pairs using the composite score J . (a) Composite score J versus candidate index for all physics- and hardware-admissible pairs. The top- K subset occupies the low- J end. (b) Normalised receive gain $G_{RX}(f_+)/G_0$ and dynamic-range penalty $DR_{pen}(f_a, f_b)$ for the same ranked candidates. (c) Estimated SNR(f_+) versus J , showing that lower J systematically corresponds to higher detectability.

Figure 5a illustrates leakage suppression for a shortlisted top- K pair, $(f_a, f_b) = (145, 171)$ kHz, measured on path P1. After SPI-4 combination, leakage at f_a and f_b is strongly suppressed, while the quadratic component at $f_+ \approx 316$ kHz emerges as a distinct line above the local noise floor. Fig-

ure 5b tracks the mixed-frequency response versus crack growth from C0 to C6 (Table 2), showing that low- J short-listed pairs cross the detection threshold earlier and exhibit stronger growth with crack extension than non-short-listed, higher- J pairs.

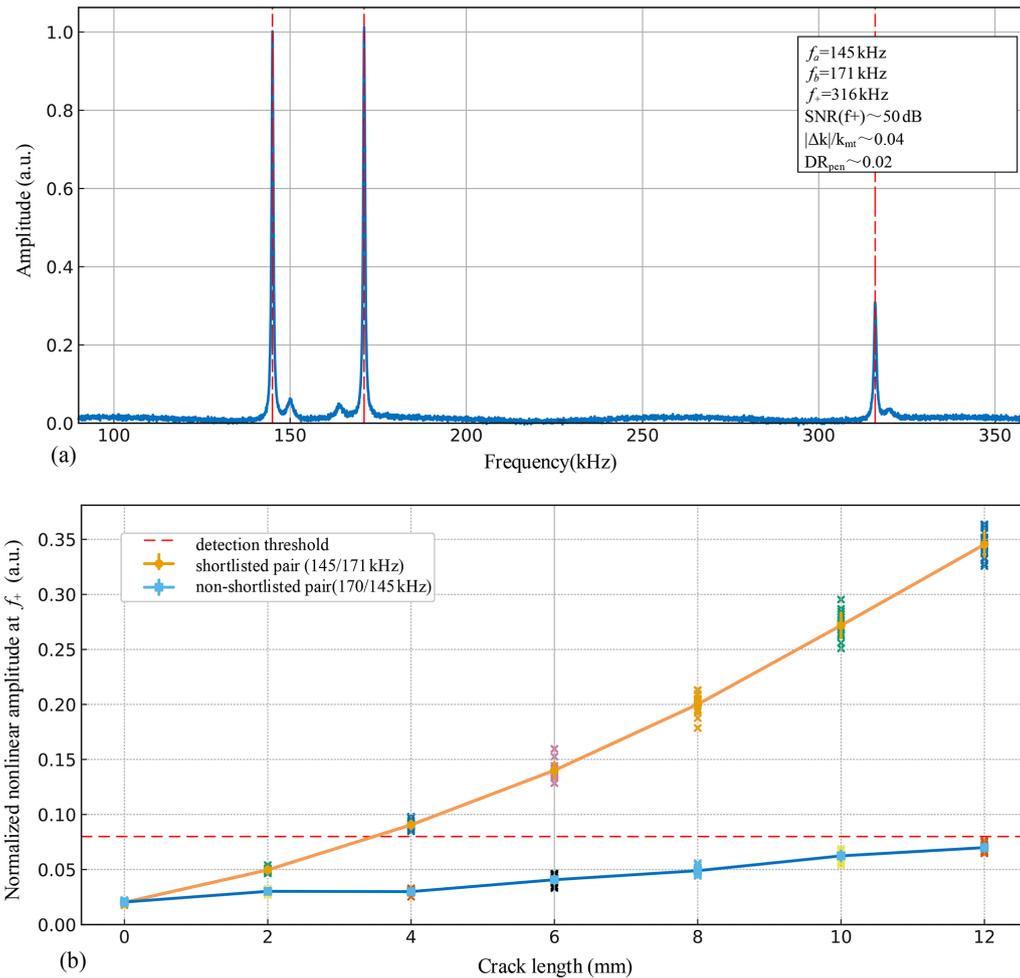


Figure 5. SPI-4 nonlinear readout and crack growth sensitivity on path P1. (a) SPI-4 same-spectrum FFT for a shortlisted pair (145/171 kHz) on path P1. (b) Normalised nonlinear response at f_+ versus crack length for a shortlisted (low- J) pair and a non-shortlisted (higher- J) pair on path P1.

3.4 Experimental execution and traceability

The screening workflow of Sect. 2.5 was executed, without manual retuning, on each $S \rightarrow R$ path listed in Table 1. Candidate tone pairs were first filtered by physics (phase mismatch and receive band constraints) and then were screened by hardware using the measured receive response and dynamic-range headroom and were finally ranked by the composite score J defined in Eq. (7) to produce a top- K shortlist.

Repeatability and traceability were enforced as follows. For every shortlisted pair and for every crack length state C0–C6 (Table 2), we acquired $N = 16$ SPI-4 phase-cycled repeats under an identical time gate placed before the first back wall reflection. Along with the raw waveforms, we logged the $S \rightarrow R$ geometry (Table 1), crack metadata (Table 2), analogue gain and digitiser full-scale settings, gate timing, FFT window and zero-padding, and the noise band used for estimating $A_{\text{noise,rms}}$ in Eq. (8). These metadata provide an au-

dit trail that enables independent reconstruction of the shortlisted pairs and reproduction of the reported mixed-frequency $\text{SNR}(f_+)$ trends.

4 Results and discussion

4.1 Global correlation between ranking score and detectability

This subsection evaluates whether the composite score J can be used as a global predictor of nonlinear crack detectability rather than as a path-specific tuning number. For every admissible tone pair (f_a, f_b) across all source–receiver paths and all crack states, we record (i) its score J , which penalises phase mismatch, short interaction length, weak receive gain at $f_+ = f_a + f_b$, and limited dynamic-range headroom, and (ii) the gated SPI-4 same-spectrum response level at f_+ , expressed as $\text{SNR}(f_+)$ in dB.

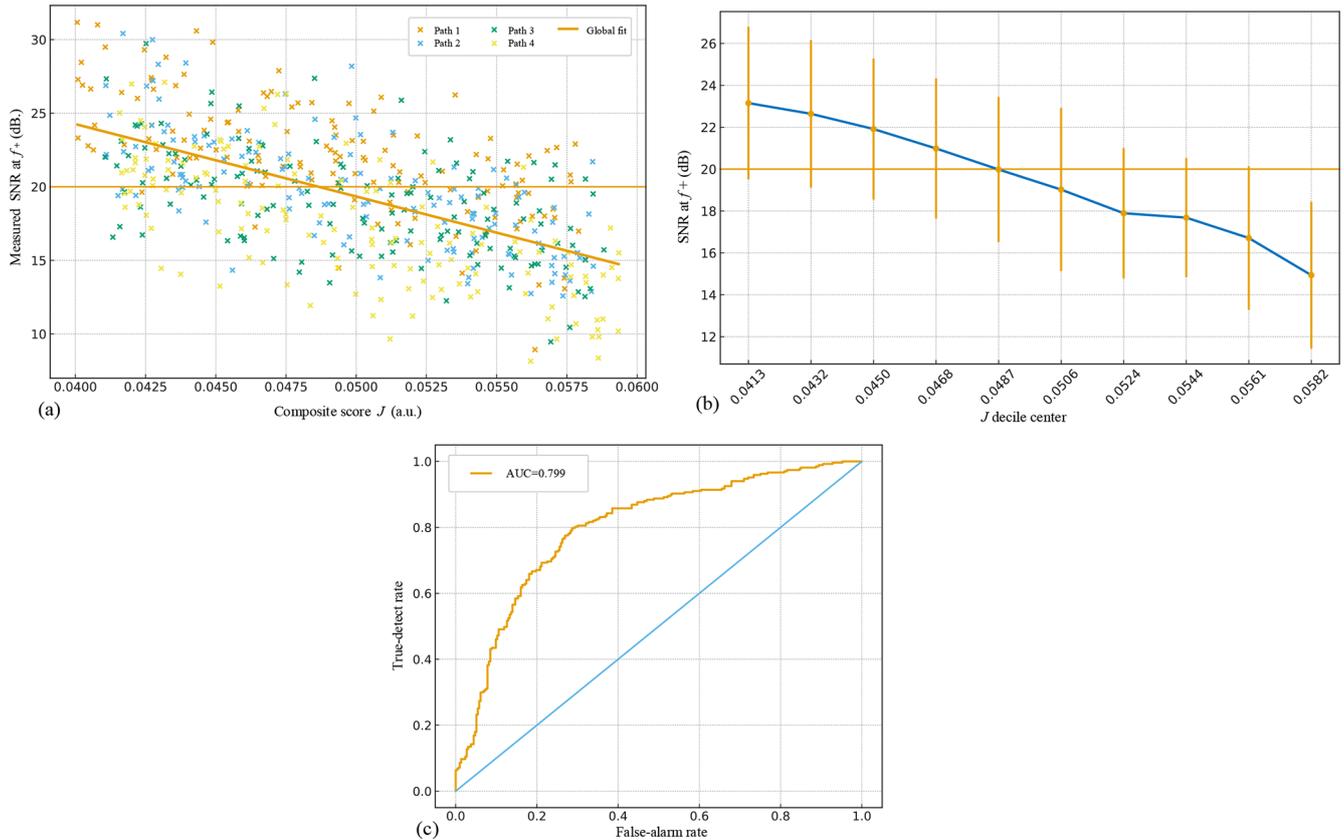


Figure 6. Global relationship between composite score J and measured detectability of the nonlinear mixed-frequency component. **(a)** Measured $\text{SNR}(f_+)$ versus composite score J across all paths. **(b)** Distribution of $\text{SNR}(f_+)$ binned by J deciles. **(c)** ROC-like curve for detection based on a threshold J_{cut} .

Figure 6a plots $\text{SNR}(f_+)$ versus J for all paths, with a single global linear fit and a horizontal detection threshold (20 dB). A clear inverse trend is observed: low- J tone pairs consistently lie above the threshold, whereas high- J pairs cluster close to the noise floor. Importantly, each acquisition path follows the same trend despite differences in propagation distance and coupling. This shows that J generalises across hardware configurations and crack lengths.

To quantify robustness, the full dataset is binned by score decile (Fig. 6b). The lowest- J bins exhibit high $\text{SNR}(f_+)$ with tight spread, indicating not only a stronger average response but also repeatability. As J increases, both the mean $\text{SNR}(f_+)$ and its stability deteriorate, and many tone pairs fall on or below the detection threshold. This separation defines a practically useful “low- J regime”: if a pair falls into that regime, it is very likely to yield a clear nonlinear peak.

Finally, we treat J as a binary selector. Tone pairs whose $\text{SNR}(f_+)$ exceeds the threshold are labelled as “detectable”, and we sweep a cutoff J_{cut} to predict detectability. The resulting receiver operating characteristic (ROC) curve in Fig. 6c shows a high area under the curve, confirming that a single scalar threshold on J can discriminate between usable and

unusable frequency pairs with a favourable true-detect/false-alarm balance.

We further examine the sensitivity of this global trend to the weight vector in J . Starting from the default uniform setting $\omega_i = 1$, we apply relative random perturbations $\omega_i \leftarrow \omega_i(1 + \epsilon_i)$ with $\epsilon_i \sim \mathcal{N}(0, \sigma^2)$ and recompute the ranking. Figure 7a shows that the detectability–prediction area under the curve (AUC) degrades gracefully with increasing σ , while Fig. 7b and Table 3 summarise shortlist and ranking stability. These results indicate that the conclusions in Fig. 6a are not driven by a finely tuned weight choice.

In summary, J is not only physically interpretable; it is operationally predictive and remains stable under moderate weight perturbations. Ranking candidate tone pairs by J and keeping the lowest few provide a reliable shortlist of f_+ without exhaustive brute-force scanning. This motivates the deployment-oriented analysis in Sect. 4.2.

4.2 Detection reliability vs. shortlist size N

The analysis in Sect. 4.1 shows that low- J tone pairs are, on average, measurably better. A practical question remains: how many of these low- J pairs must actually be transmit-

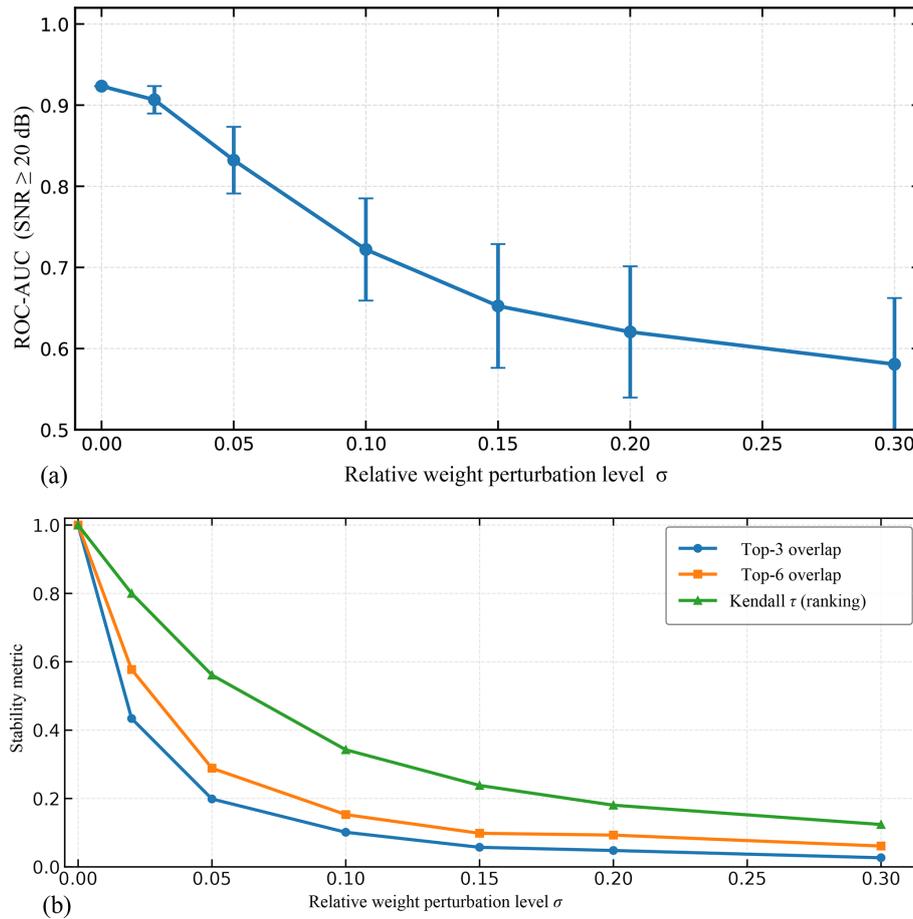


Figure 7. Robustness of detectability prediction under weight perturbations. (a) ROC-AUC for SNR(f_+) \geq 20 dB under weight perturbations. (b) Ranking stability: top- K overlap and Kendall τ versus σ .

Table 3. Performance comparison under representative weight settings (random perturbations around $\omega_i = 1$).

σ	AUC mean	AUC SD	τ mean	τ SD	Top-3 overlap	Top-6 overlap
0.00	0.9234	0.0000	1.0000	0.0000	1.0000	1.0000
0.02	0.9066	0.0169	0.7999	0.0150	0.4340	0.5773
0.05	0.8322	0.0411	0.5612	0.0318	0.1987	0.2887
0.10	0.7221	0.0630	0.3427	0.0494	0.1013	0.1530
0.15	0.6525	0.0763	0.2383	0.0556	0.0573	0.0983
0.20	0.6205	0.0809	0.1805	0.0579	0.0480	0.0930
0.30	0.5807	0.0816	0.1240	0.0605	0.0267	0.0610

ted and acquired in order to achieve a reliable detection on a given path and crack state? This is the key question for field deployment because each additional tone pair costs acquisition time and, in multiplexed systems, downlink bandwidth.

To answer this, all admissible tone pairs on all paths were first ranked in ascending J . We then constructed, for $N = 1, 2$, etc., the following detection metric:

$$P_{\text{hit}}(N) = \Pr(i \leq N \text{ s.t. } \text{SNR}(f_+)_{i} \geq \text{SNR}_{\text{th}}), \quad (9)$$

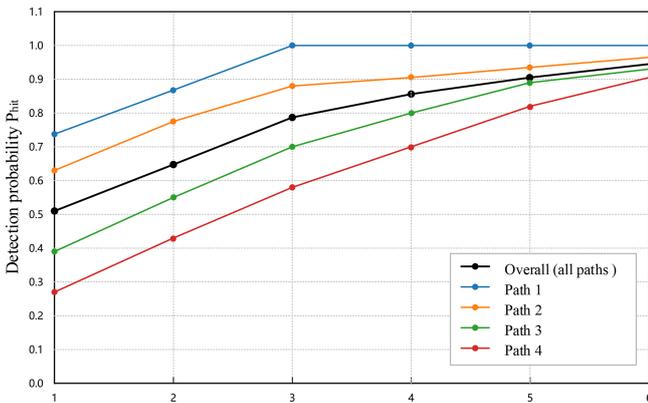
i.e. the probability that at least one of the first N tone pairs in the J -sorted list produces a nonlinear mixed-frequency component whose gated SPI-4 SNR exceeds the detection threshold SNR_{th} (20 dB in this study). Figure 8 plots $P_{\text{hit}}(N)$ against N using all paths and crack lengths as independent trials.

Three features are noteworthy. First, the curve in Fig. 8 rises steeply for small N : using only the best tone pair ($N = 1$) already yields a non-trivial hit probability because the score places genuinely coherent, instrument-compatible pairs at the top. Second, the curve exhibits an early saturation: for this dataset, $N = 3\text{--}5$ is sufficient to reach a plateau where adding more, progressively worse (higher- J) candidates brings only marginal benefit. Third, the saturation level remains high when trials from different paths are pooled, indicating that the ranking imposed by J is not overfitted to a single geometry.

Table 4 reports the same analysis per path. Paths with longer propagation or slightly poorer coupling naturally start from a lower $P_{\text{hit}}(1)$, but all of them converge to high reliability once three to five of the lowest- J pairs are exercised.

Table 4. Detection reliability versus shortlist size N (candidates ordered by increasing J), reported per path.

Path	No. of crack states	Avg. admissible pairs per state	$P_{\text{hit}} @ N = 1$	$P_{\text{hit}} @ N = 3$	$P_{\text{hit}} @ N = 5$	$N_{95} (\geq 95\% \text{ hit})$	Best SNR @ $N = 1$ [dB]	Best SNR @ $N = 3$ [dB]	Best SNR @ $N = 5$ [dB]
Path 1 (short, good coupling)	7–8	25–30	0.74	1.00	1.00	3	26.8	29.4	30.1
Path 2 (medium length)	7–8	25–30	0.63	0.88	0.94	5	24.1	27.6	28.5
Path 3 (longer / oblique)	6–7	20–28	0.39	0.71	0.89	5	21.3	25.2	26.7
Path 4 (weak/noisy channel)	6	18–24	0.27	0.58	0.82	≈ 6	19.6	23.4	25.1

**Figure 8.** Detection probability $P_{\text{hit}}(N)$ versus shortlist size N , pooled over all paths and crack states.

This path-by-path view is important for operators: it shows that a fixed shortlist size can be prescribed a priori (e.g. “always fire top 4”) without re-tuning the selection strategy for each sensor line.

Overall, this experiment confirms the deployment value of the ranking score: it not only tells us which tone pairs are promising but also tells us how many we need to test to make detection robust.

4.3 Crack growth sensitivity and repeatability

To assess whether the proposed frequency selection strategy is useful for tracking rather than merely detecting cracks, we compared a low- J (shortlisted) tone pair with a medium- J (non-shortlisted) pair on the same source–receiver path and over the same sequence of crack lengths (Table 2). For each crack state we acquired 16 gated SPI-4 records under identical windowing, and we converted the mixed component at $f_+ = f_a + f_b$ to a normalised response $\text{SNR}(f_+)$ using the noise band defined in Sect. 3.

Figure 9a shows $\text{SNR}(f_+)$ versus crack length. For the shortlisted pair, the response rises monotonically and crosses the 20 dB detection line at an early crack length (typically at or one step above the second crack state). A piecewise-linear fit to the pre-saturation part of the curve gives a pooled slope of about 2–3 dB mm^{-1} across the inspected paths. By contrast, the non-shortlisted pair exhibits a shallower and some-

times non-monotonic trend (< 1 dB mm^{-1}) and often hovers around the detection threshold even at the largest crack state. The practical consequence is that the ranked pair does not only “see” the nonlinearity earlier but also amplifies the contrast per millimetre of growth, which is the quantity needed for sizing or trend-based alarms.

Figure 9b summarises the 16-repeat acquisitions at two representative crack sizes (near-threshold and mid-range). For the shortlisted pair, the within-state standard deviation is ≈ 1 –1.5 dB, and the coefficient of variation stays below 7%, indicating that the amplitude scatter is much smaller than the growth-induced increment (2–3 dB mm^{-1}). The non-shortlisted pair shows a broader spread (2–3 dB, CV 10%–15%), which is consistent with a response that sits closer to the noise floor and is more affected by small coupling changes. In other words, for the ranked pair, the signal change due to crack growth is larger than the measurement noise, while, for an arbitrary pair, the two are of comparable magnitude.

These results extend the conclusion of Sects. 3 and 4.1. The same low- J pairs that rank highest in detectability are also the pairs that (i) cross the detection threshold earliest, (ii) provide the steepest growth-to-response conversion, and (iii) do so with repeatability better than 2 dB under re-acquisition. This combination of early crossing, steep slope, and low scatter is what makes the selection rule usable for in-service monitoring, where operators will not be able to re-optimize tone pairs for every small crack increment.

4.4 Path-to-path robustness and practical considerations

Table 5 summarises the performance of the proposed selection scheme over all inspected $S \rightarrow R$ paths. Despite noticeable differences in path length and coupling, two features are consistent. First, the ranking generalises: for well-coupled, short paths, exciting only the top-3 lowest- J tone pairs already yields a hit probability close to 1.0; for the less favourable paths, extending the shortlist to three to five pairs restores the hit probability to above 0.8–0.9 while keeping $\text{SNR}(f_+)$ clearly above the 20 dB detection line. Second, the repeatability penalty on difficult paths is modest (only ~ 1 dB larger within-state scatter than the best path), and so

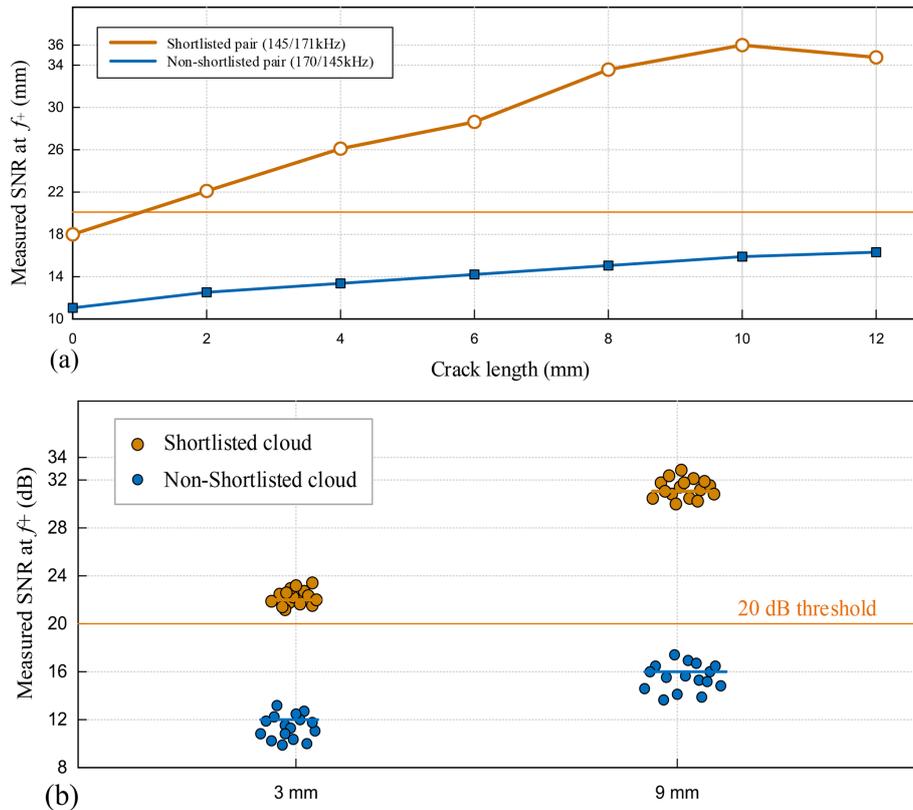


Figure 9. Crack growth sensitivity and repeatability of shortlisted versus non-shortlisted tone pairs. (a) $\text{SNR}(f_+)$ versus crack length for a shortlisted (low- J) tone pair and a non-shortlisted (medium- J) pair on the same path. (b) Repeatability of $\text{SNR}(f_+)$ at two representative crack sizes (near-threshold and mid-range).

the growth-related increments reported in Sect. 4.3 remain observable.

This cross-path consistency stems from the definition of J : the physics-driven part (phase matching, effective interaction length) keeps the preferred (f_a, f_b) region stable across paths, while the channel-aware part (receive band gain and dynamic-range margin) prevents obviously unusable pairs from entering the shortlist. As a result, a single system-wide policy – “fire the first three to five ranked tone pairs” – can be issued without path-specific retuning.

A practical caveat is that very long or strongly reflective paths may require a slightly larger shortlist (top 6) or a refreshed receive band estimate, but these appear as outliers in Table 5 rather than as the dominant case.

Temperature influences the ranking primarily by shifting (a) the dispersion-based terms through $k(f, T)$ and (b) the receive chain terms through $G_{\text{rx}}(f)$ and available headroom. A practical deployment policy is therefore to refresh the channel terms via the short calibration sweep whenever the operating temperature changes beyond a prescribed threshold and to re-evaluate $\Delta k(f_a, f_b, T)$ and $L_{\text{int}}(T)$ using a temperature-indexed dispersion table when the expected dispersion shift is non-negligible. This preserves the interpretability of J

while maintaining shortlist consistency under slowly varying environments.

The present experiments focus on surface-breaking fatigue cracks, where contact acoustic nonlinearity produces a strong mixed component. For other defect classes (internal cracks, interfacial debonding, corrosion pits), the dominant nonlinearity and the effective source strength can differ, and so the absolute $\text{SNR}(f_+)$ level and the earliest detectable size may change. However, the role of J is to pre-select tone pairs that are physically phase-coherent and practically measurable on a given path and hardware chain; these constraints remain relevant irrespective of the defect mechanism. In applications where a defect class is known a priori, mode-triplet selection and modest weight re-tuning can be used to bias the shortlist towards frequencies with higher expected nonlinear radiation efficiency for that class while retaining the same screening workflow.

5 Conclusions

This study has presented a physics-guided frequency pair selection strategy for nonlinear Lamb wave mixing that is both interpretable and deployment-oriented. By explicitly combining (i) phase matching through the wavenumber mismatch

Table 5. Path-to-path robustness of the J -based selection rule.

Path	Typical propagation length	Coupling quality	N_{rec} (top- N pairs)	P_{hit} at N_{rec}	Extra within-state SD vs. best path
Path 1 (short, good coupling)	~ 400 mm	High	3	≈ 1.0	Reference
Path 2 (medium length)	~ 400 mm	Medium	4	$\gtrsim 0.9$	+0.5–1 dB
Path 3 (longer / oblique)	~ 300 mm	Medium	5	$\gtrsim 0.9$	+1 dB
Path 4 (weak / noisy channel)	~ 300 mm	Lower	5–6	≈ 0.8 – 0.9	+1–1.5 dB

Note that N_{rec} is the minimum shortlist size to reach the target detection reliability (e.g. $\geq 95\%$) on a path.

Δk and its effective interaction length L_{int} , (ii) channel-aware receive sensitivity via $G_{\text{rx}}(f)$, and (iii) a pragmatic dynamic-range penalty that reflects leakage and front-end limits, we defined a composite score J that ranks candidate tone pairs prior to data acquisition. Coupled with a compact three-step workflow and a same-spectrum SPI-4 readout, the approach yields a shortlist (top K) of tone pairs with consistently higher detectability at the sum frequency f_+ .

Experiments on plate-like specimens with surface-breaking cracks substantiate three main conclusions. First, J exhibits a robust global correlation with detectability (Sect. 4.1): lower J systematically predicts higher measured SNR(f_+) and higher hit probability across paths. Second, when viewed from a deployment perspective (Sect. 4.2), detection reliability grows monotonically with shortlist size; in our setting, a top-3 shortlist already secures high detection rates, while a top-4 provides additional margins under coupling and gain variations. Third, shortlisted pairs show stronger crack growth sensitivity and tighter repeatability than non-shortlisted baselines (Sect. 4.3): SNR(f_+) increases nearly linearly with crack length within the studied range, and within-state standard deviations remain $\lesssim 1$ – 1.5 dB for shortlisted pairs compared with substantially larger spreads for non-shortlisted choices. Together, these results indicate that the proposed selection procedure does not merely identify usable tones; it systematically steers the experiment towards tone pairs that are measurably more sensitive and more stable.

From a practical standpoint, the method remains transparent at each stage: Δk and L_{int} bound the physical coherence length over which mixing can accumulate, G_{rx} encapsulates instrument response, and the dynamic-range penalty guards against saturation and spurious leakage. This separation of roles helps diagnose failure modes and facilitates transfer to new hardware platforms or path geometries with minimal re-tuning. The SPI-4 same-spectrum readout further suppresses linear leakage and keeps the acquisition recipe compact and repeatable.

Several limitations suggest avenues for further work. The present validation used a limited set of paths, a single plate thickness, and controlled cracks; extensions to stiffened plates, curved shells, coatings and/or adhesives, and anisotropic laminates are required to probe generality. Future

work will extend the validation to representative non-crack defects (e.g. interfacial debonding and corrosion) to quantify how defect-class-dependent nonlinear source strength affects the detection threshold under the same J -guided shortlisting.

Temperature, load, and moisture effects – known to perturb dispersion and front-end gain – call for built-in compensation (for example, opportunistic re-sweeps for G_{rx} , temperature-aware $k(f, T)$ tables, or co-located monitoring channels). Future work will quantify shortlist stability over representative SHM temperature ranges using temperature-indexed dispersion tables $k(f, T)$ and periodic channel recalibration.

While equal weights in J offer a strong default, data-driven refinement (e.g. logistic calibration or Bayesian optimisation of the weights) could further improve screening under site-specific constraints. On the physics side, a tighter linkage between J and contact-acoustic nonlinearity models may enable semi-quantitative crack sizing with uncertainty bounds. On the systems side, integrating the selection with imaging and/or beam-forming, multi-path fusion, and on-edge execution (embedded shortlist computation and SPI-4 playback) would reduce operator burden and enhance robustness. Finally, establishing absolute calibration (traceable reference tones, amplitude linearity checks) and formal uncertainty quantification across repetitions, paths, and units will be essential for qualification in safety-critical settings.

In summary, a modest amount of physics, a modest amount of channel awareness, and a simple score J suffice to make nonlinear mixing experiments predictably effective. We expect the proposed workflow to translate readily to other guided-wave configurations and to serve as a foundation for autonomous, self-adapting ultrasonic SHM in the field.

Code and data availability. The data supporting the findings of this study are not publicly available due to confidentiality and institutional restrictions related to ongoing research projects. However, the data may be made available by the corresponding author upon reasonable request and with permission from the relevant parties. The code used for data processing and analysis is available from the corresponding author upon reasonable request.

Author contributions. TY: conceptualisation, methodology, software, investigation, formal analysis, visualisation, writing (original draft). PL: methodology, resources, validation, writing (review and editing), supervision. Both of the authors contributed equally to this work and approved the final paper.

Competing interests. The contact author has declared that neither of the authors has any competing interests.

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Acknowledgements. The authors thank the editor and the reviewers for their constructive comments.

Financial support. This research has been supported by the Natural Science Foundation of Zhejiang Province (grant no. LTGG24F030001).

Review statement. This paper was edited by Liangliang Cheng and reviewed by Qasim Atiyah and one anonymous referee.

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